

Tel: 4773 8433 Fax: 4773 9050

Email: wallacia-p.school@det.nsw.edu.au

Monday 27 August 2018

The Great Aussie Bush Camp – STAGE 3

Dear Parents and Care Givers,

Our trip to The Great Aussie Bush Camp from Monday 12th to Wednesday 14th November will be here before we know it. The trip will be extremely enjoyable for all students attending. Over the three days students will be involved in many activities including: Abseiling, Archery, Fencing, Giant Swing, High Ropes, Leap of Faith, Rock Climbing, Tree Climb, County Fair, Orientation/ Peer Support and Commando Spot lighting. Some activities are designed to build confidence at heights, whilst other activities build coordination and promote positive teamwork.

Attached to this letter are the following forms:

- Gear Checklist
- Medical and Consent Form Child
- Current Medication/Dietary Requirement Form

Could you please ensure the <u>Medical and consent form</u> and the <u>Current medication/dietary requirement form</u> is returned before the end of week 9, by Friday 21st of September 2018.

Please contact me at school if you have any concerns or questions.

Kind Regards,

Mr James Kelly 5/6 Classroom Teacher





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Gear Checklist - Children (Based on a 3 day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Water bottle
- Cup (used for morning/afternoon tea and supper)
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities).
- Thongs only for going to and from showers.
- 3 T-shirts needed, no singlet / tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants
- 2 sloppy joes / windcheaters
- 3 pair socks
- Bath towel
- Beach Towel & swimmers
- Tissues / hankies
- Plastic bags for wet clothes / towels







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Medical and Consent Form - Child

Name of School:	School year:							
Student Details:								
Surname: Given Names:								
Address:								
Postcode: Date of Birth:/_	/ Male	e 🗆 Female 🗅						
Parent / Guardian Details:								
Please Tick ✓: Mother / Guardian ☐ Father / Gu	ardian 🗆 Oth	er Contact 🗖						
Full name of Parent / Guardian:								
Home Phone: Work Phone:	Mobi	ile Phone:						
Medicare Number: Expir	y Date://	_						
Student Name on Card:								
Patient Number on card:								
Ambulance Cover: Yes ☐ No ☐								
Private Health Fund Name:	Health Fund member n	umber:						
Is your child in good health?	Yes □	No 🗖						
Does your child require regular medication?	Yes 🗖	No 🗖						
Does your child suffer from any Chronic Illness / Injury / Allel If yes, please specify?	rgies? Yes □	No 🗖						
Parent / Guardian Signature		Date: / /						





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Current Medication / Dietary Requirements

School:Student Name:										
Time and Dosage - Please specify exact time of medication										
	Breakfast		Lunch		Dinner		Other			
Medication Name	Time	Dose	Time	Dose	Time	Dose	Time	Dose		
Regulations require that all medication must be provided in the original container / packaging Teachers will collect & administer all medication.										
Has your child suffered from any Acute Illness in the past four months? If yes, details.							Yes	No		
Has your child been treated by a doctor in the past four weeks? If yes, please attach a medical certificate outlining treatment, and stating that the child is fit to attend camp.							Yes	No		
Has your child had any major surgery? If yes, please specify.								No		
								'		
Is your child's Immunisation up to date, including tetanus?								No		
If yes, what year was the last booster given?										
Does your child wet the bed?							Yes	No		
Does your child sleep walk?							Yes	No		
Do you give permission for Panadol to be administered if required?							Yes	No		
Does your Child have any Dietary Requirements?							Yes	No		
If YES please specify:										
Water or Swimming Activities:										
In relation to any proposed water or swimming activities, my child: Name:										
STRONG SWIMMER ☐ AVERAGE SWIMMER ☐ POOR SWIMMER ☐ NON-SWIMMER ☐										

