



**WALLACIA PUBLIC SCHOOL**

**1573-1585 Mulgoa Road**

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**Principal: Mr Trev Mason**

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**‘Today is for Tomorrow’**

*SAFE RESPECTFUL LEARNERS*

## **NEWS FROM WALLACIA PUBLIC SCHOOL**

**Term 1 Week 1 Date Friday 1 February, 2019**

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### **Principal's Message**

Literally, a warm welcome back to school everyone. It was wonderful to experience the strong parent turn-out day one. A huge thank you to everyone who has made our team feel so welcome. We are all in this together! As I walked through our classrooms this week, I saw children ready to learn and teachers with great enthusiasm and expertise. We will be working as a team to continue to improve and deliver the best possible outcomes for all children. I also was able to meet most of the kids and spend some time developing positive relationships and expectations.

To provide the best opportunity for our kids, it is very important they are strongly encouraged to be at school, on time, every day. I am looking forward to seeing everyone. I invite all parents and friends to come the P&C Annual General Meeting at 1.30p.m on Monday 11/02 in the library. We are strongly encouraging families to come along and get involved. The most proactive way to be a part of the school is through the P&C. It is important that we have new families join our P&C. Attending P&C meetings is the best way to get a strong picture of what has been going on in the school.

**2019 Classes:** I will be discussing the details around staffing at the P&C meeting. The P&C meeting will be held in the library from 1.30p.m. I understand that not all parents can make this meeting so I will go into detail to explain the process, so that it is transparent and everyone has the facts as to what might happen. Once our student enrolment numbers are formally submitted, the Department will then allocate our teaching quota for the year. At the moment we have 70 students enrolled. If we stay at this current enrolment figure, we will have three classes.

If everything stands as is, then the class make up will be:

Kindergarten & Year 1 - Miss Carroll

Year 2 & Year 3 - Mrs Tritton

Year 4, Year 5 & Year 6 – Mr Kelly (Mon, Tues, Wed) / Mr Rush (Thurs, Fri)

Kindergarten classes will officially commence at Wallacia Public School on Wednesday 6 February 2019 at 8.55 am. After you drop off your Kindy child on Wednesday 6 February, *you are invited to a special 'Tissues and Tears' morning tea, in the school library.* Our Kindy's will finish on Wednesday at 12.30 p.m. for their first day. Then, on Thursday and Friday they will finish at 1.20 p.m. Then from Monday, 11/02 (the following week) everyone finishes together at 3.00p.m.

The start of every school year could potentially mean a spike in your child's (and your) anxiety. There are, however, some ways to alleviate some of the stress around starting school again. Your attitude as a parent going forward to start the new year is just as important as your child's. Take some time to point out some positive aspects of starting school each new day to create positive anticipation about those nervous first days of school.

Below are 4 strategies for you to make the transition back to school easier:

### 1. Create a routine

It is easy to fall out of routine over the holiday period and develop some bad habits. Over the holidays, you may have found it difficult to maintain good eating habits without the structure of school. Reintroducing a balanced diet of vegetables, fruit, whole grains and lots of water will help them improve energy levels, concentration and emotional well-being. Maintaining adequate sleep patterns is vital for children of all ages. Proper patterns may have been disrupted over the holidays. To promote good sleep habits in your children, re-establish routines around bedtimes, have a regular time for bed and make sure computers, mobile phones and other electronic devices are switched off (and preferably out of the bedroom) at least an hour before bedtime.

Some useful sites listing the effects of lack of sleep are:

<http://sleepeducation.net.au/>

<http://www.news-medical.net/news/2008/07/07/39779.aspx>

You can also find out how many hours is ideal for each age here:

<http://www.sleephealthfoundation.org.au/>

### 2. Take time to talk about the feelings that could come up

If you have a child that is prone to anxiety the more discussion you have on how they are feeling and strategies to control those feelings the easier the transition back to school will be. Parents can help ease the transition by talking to kids about how they feel about going back to school. They can support them by listening to how they're feeling, responding with empathy, and working with them to come to a solution. If your child communicates a worry or concern they have, try to tune in by saying words like, 'You seem really worried about that' or 'I can see that must have been pretty upsetting for you' and try not to problem solve too early, particularly if they are wound up. If, after really listening, you believe there is a problem that needs addressing, try to help them figure out a solution that they think they could try. Remember that not all problems need to be fixed, and just knowing they've been heard can make a big difference. Tip: Talk with children about positive experiences they may have had in the past at school. Remind them they will see old friends and meet new ones.

### 3. Check your own anxiety

It is natural for the start of the school year to be a stressful period for parents as well. Parents sometimes need to recognise that their own fears might be preventing their children from engaging in age appropriate activities or tasks. If we want our kids to be willing to try new things and to persist when they experience difficulties, we need to encourage effort, build confidence and convince our kids that 'if at first they don't succeed to try and try again'. Tip: Plan one thing to try in the first school term that puts you both outside your comfort zone, such as catch the bus for the first time, walk to the shops or try a new extra-curricular activity.

### 4. Plan, plan, plan

Start the school year out as you plan to proceed! It is good to start the year with some realistic, achievable goals for children to achieve on the first day, the first week and going forward. Ticking off these goals will start your child off with confidence. Students can create an action plan for their first week. Tip: Have your child call a friend they trust to meet them in the playground on the first day. Make contact with their favourite familiar teacher or support staff member who can support them in the first week.

Many children easily become nervous and unsettled about the new year, even if they are not starting at a new school. Changing schools, new classrooms and a new teacher are all anxiety provoking situations. Even reconnecting with friends after the holidays can trigger anxiety. Take a few simple steps to ensure the transition into the new year is smooth.

Welcome back to another exciting school year, my door is always open.

Kind regards

Trev Mason

Principal

**Leave:** Mrs Tritton will be on Long Service Leave for weeks 6 & 7 (04-15/03). We will have Mr Ben Richards taking over the Learning Program for 2/3T during this time. Mrs Mullen will be on Long Service Leave on Friday 01/03 and then on Monday 11- 20/03.

## **School Communication**

Wallacia Public School will continue to use the *School Website Service* as an avenue for communication throughout the 2019 school year. Most notes will be published on the school's website including the school's newsletter. The *Skoolbag* application will continue to be used to 'push out' alert reminders of events. In addition, the school's *Facebook* page is an excellent medium for viewing photos that show some of the things we do on a daily basis at school. To access our page, simply Google *Wallacia Public School Facebook* or follow the link from the school's website.

We endeavour to communicate with our community in a way that will suit all our families. We send permission notes home with each student so that they can be signed and returned to the school. Permission notes are also uploaded to our website so that you can print one off if you need to. **Please adhere to deadlines for notes and payments. It is crucial for the running of events that numbers are finalised on due dates.** Please check the website for any notes you may have missed.

- The school newsletter is produced monthly and is uploaded to our website and sent as a Skoolbag alert. **The first newsletter of the year (February 1, 2019) is the only newsletter sent as a paper/hardcopy for the year.**  
The school newsletter is designed to keep families informed and to celebrate the achievements of our students. The newsletter often contains important information about changes in dates, excursions, community functions, what's happening in the school etc. **It is important that you read the newsletter.**
- Other notes and information sheets are given to the eldest child in each family. They are also uploaded to our website. This includes P & C notes, which you will receive on bright orange paper.
- **Facebook**  
We currently manage a Wallacia Public School Facebook page. It is wonderful to see all the exciting events documented on this form of social media. Please be very aware and adhere to the appropriate use of this form of social media including sharing and comments. Please be aware of the "code of conduct" when using Facebook.
- **Skoolbag**  
Skoolbag is a mobile app that communicates directly with iPhone, iPad, Android and Windows Phone devices. It is an easy way for the school to communicate, with parents receiving notifications on their phone. School notices and alerts are communicated directly to the parent's smartphone through the Skoolbag School Mobile App which you will need to install on your phone if you wish to utilize this service.

Please see the attached instructions on how to download the free App. Once you have added the School Mobile App to your phone you will be able to receive information and alerts from the school.



## How To Install Skoolbag On Your Smartphone

### For iPhone and iPad users:

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. You will see your school appear, click "Get" then "install".
4. The app is FREE to download.
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



### For Android users:

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



Please Note: Some brands of Android phones need the setting in "Notification Manager" changed to "Allow" instead of "Notify" in order for the push notifications to work. The phone must also be running at least version 4 system software to run the app.

### For Windows 8.1 Phone and Windows 8.1 or 10 device users:

1. Go to the Windows Store on your 8.1 Windows Phone or Windows 8.1/10 Device
2. Search for "Skoolbag" in the keyword app search
3. Install the Skoolbag app
4. Find your school either by using the keyword search or location service.
5. Click the "Pin" icon to pin the school tile to your Windows Phone home screen.
6. Click the "More" button on the bottom right of the App, then "Setup"
7. Toggle the Push Categories that are applicable to you by tapping the on/off switch.

Please Note: The Skoolbag Windows App is for 8.1 version Windows Phones, or Windows 8.1 and 10 devices.



## **TISSUES AND TEA MORNING TEA**

Kindergarten classes will officially commence at Wallacia Public School on Wednesday February 6 @ 8.55 am.

After you drop off your child on Wednesday February 6, ***you are invited to a special 'Tissues and Tea' morning tea, in the school library (or staffroom).***



## **REQUIRED STATIONERY**

### **K – 2**

HB pencils x 4, coloured pencils (pack of 12), glue sticks x 2, sharpener (with case preferable) and eraser x 2.

### **3 – 6**

HB pencils x 4, coloured pencils (pack of 12), glue sticks x 2, sharpener (with case preferable), erasers x 2, 30cm wooden or plastic ruler, blue pens x 4, red pens x 2 and small scissors x 1.

Please ensure that students' belongings are clearly labelled and fit into one small pencil case. Additional stationery can be kept at home. Please don't send any items not listed, as these can be distracting, and lead to unnecessary competition between students.

**Please monitor your child's supplies regularly to ensure your child has everything they need for the whole year.**



## **PRE-OWNED UNIFORMS**

All stock available at the rear of the office, a gold coin donation for any items purchased is appreciated. You are welcome, at any time to come in and look for suitable pre-owned uniforms.

Donations of dresses, school shirts or school jumpers/jackets are gladly accepted and then available for other families to purchase.

Thank you for supporting this project!



## **Uniform**

It is actively encouraged and expected that all students wear the Wallacia School Uniform. The wearing of the uniform creates a feeling of belonging, pride and identity.

New uniforms are available from Abel Schoolwear.

In accordance with Departmental policy, students must wear hats while in the playground. Any student without a hat will be asked to play in the shaded area provided. NO HAT, PLAY IN THE SHADE policy is enforced.

## **HATS**

Hats can be purchased from the school office. The cost is currently \$15.00, by cash or cheque payable to Wallacia Public School P & C Association, with payments to be placed in the orange box in the school office.

# **WALLACIA SCHOOL UNIFORM CODE**

Girls' summer:

- Green plaid dress OR
- School polo shirt with black skorts
- Short white socks (not ankle socks and no stripes or logos)
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Girls' winter:

- Green plaid dress OR
- Black tailored pants with school polo shirt or white skivvy
- Short white socks or black tights
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Boys' summer:

- School polo shirt
- Black school shorts
- Short grey socks (not ankle socks, stripes or logos)
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Boys' winter:

- School polo shirt or white skivvy
- Black school long trousers or black school shorts
- Short grey socks (not ankle socks, stripes or logos)
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Sports Uniform – Girls and Boys

- School polo shirt
- Black school sports shorts/or girls black school skorts
- White socks (not ankle socks, stripes or logos)
- Sports shoes
- School hat

All Students (as required)

- School sloppy-joe and/or
- School zip jacket
- Wide-brimmed school green hat or school green cap
- Hair should be of a natural colour, no coloured hair dye, e.g.: Unnatural colour such as purple or pink
- No make-up or nail polish
- Jewellery is to be restricted to:
  - One pair of sleeper or stud earrings ONLY
  - A medical identification bracelet or necklace if required,
  - Or, for religious reasons, one plain necklace chain with one small religious symbol.

**Students are expected to wear black leather school shoes. “Enclosed shoes” includes lace-up, buckle-up shoes and elastic-sided boots. It does not include ballet-style shoes or ‘Volleys,’ slip-on style shoes, sandals or other footwear which leaves the toes uncovered.**

# **WARRADALE FC WANTS YOU SEASON 2019!!!**

***'A Great way to meet  
new People'***

***'We are especially  
keen for u14's &  
U16's girl's teams'***

***Ladies don't be shy,  
Register for Friday  
Night Over 30's Ladies  
Or Sunday All Age Ladies***



***'All families welcome'***

***'People of all ages,  
abilities & backgrounds  
are welcome'***

***'Dad's if you can't play  
Sunday's, that's all good  
come & register for  
Friday Night Over 35's Men'***

**Saturday Boys and Girls Age 7 years – 16 years  
Intermediate Boys**

**Sunday Comp All Age Ladies, All Age Men, Over 35's Men  
Friday night Comp Over 30's Women, Over 35's Men**

***Registration Weekend Saturday 9<sup>th</sup> & Sunday 10<sup>th</sup> February  
8:30am – 11:30am Waterboard Oval Warragamba  
Free Sausage Sandwich for all (Only need to attend 1 day)***

**Option to register online as well [www.warradalefc.com](http://www.warradalefc.com)**

**NSW Active Kids \$100 Rebate available for up to 18 years age.  
Apply for this prior to registration to receive \$100 rebate. For details visit:  
<https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>**

***Special Announcement – All players for season 2019 receive Playing shorts,  
Training shirt and Kitbag free!! These will be available for Collection in March  
2019 prior to season commencement***

**Contact us: Email – [admin@warradalefc.com](mailto:admin@warradalefc.com) or Facebook**

***'A Proud Nepean FA Member Club since 1983'***

**No pedestrian access via the Staff car park gate.**

Please use the small gate at the front of school. There have been some “near misses” with cars and pedestrians. This includes drop off and pick up from OOSH. Thank you for your support.



## **AGM P&C Monday 11 February 2019**

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Welcome to the 2019 school year, our AGM and P&C Meeting will be held **on Monday the 11 February at 1.30 pm in the library.**

***All parents and carers are welcome to attend.***

It is very rewarding be part of a small community. Staff and students appreciate the efforts of our hard-working P&C members who raise funds, organise events, contribute to school policy and more, we look forward to seeing you there!



## **DID YOU KNOW THAT YOU CAN MAKE PAYMENTS TO YOUR CHILD'S SCHOOL ONLINE????**

We have launched a new online payment portal linked to our school's website to make it easier for you to pay for school related payments. This a secure payment page hosted by Westpac.

### **What expenses can be paid online?**

- ♦ Voluntary School Contributions
- ♦ Textbook & Exercise Book Fees
- ♦ Excursions
- ♦ Sport /Swimming carnivals
- ♦ Excursions
- ♦ Sales to Students (Yr 6 Shirts etc.)
- ♦ Other (can be titled to suit)

### **HOW ??**

Log onto the School web site –Google

Wallacia Public School or log onto

<http://www.wallacia-P.schools.nsw.edu.au/>.

Click on “\$Make a Payment” and follow the prompts to make a payments via Visa or MasterCard.

Make a payment for each child separately. Enter student name, class and date of birth. You do not need to enter the student registration number



# 2019 Kindergarten Commencement Schedule



<b>Weeks 1-2 Term 1 2019</b>		
Wednesday 30 January to Tuesday 5 February	Best Start Assessments	Scheduled times:
Wednesday 6 February	Kindergarten Commences 8.55am Parents Invited to Morning Tea (9-9.30 am) "Tissues and Tea!"	Finish/pick up time <b><u>12.30pm</u></b>
Thursday 7 February	Kindergarten Commences 8.55am	Finish/pick up time <b><u>1.20 pm</u></b>
Friday 8 February	Kindergarten Commences 8.55am	Finish/pick up time <b><u>1.20 pm</u></b>
<b>Week 3 Term 1 2019</b>		
Monday 11 February-Friday 15 February	Kindergarten Commences 8.55am	Finish /pick up time <b><u>3.00pm</u></b>

## KEY DATES

Monday February 11	P & C Meeting 1.30pm in School Library	ALL WELCOME	
Tuesday February 19	Twilight Swimming Carnival	Notes due out week 2/3	
Tuesday February 26	School Photos	Notes due out week 2/3	
Monday – Friday March 4 - March 8	Swim School	Notes due out week 2/3	

