



WALLACIA PUBLIC SCHOOL
1573-1585 Mulgoa Road
WALLACIA NSW 2745
Tel: 4773 8433
Fax: 4773 9050

Email: Wallacia-p.school@det.nsw.edu.au

Principal: Mr Trev Mason

‘Today is for Tomorrow’

SAFE RESPECTFUL LEARNERS

NEWS FROM WALLACIA PUBLIC SCHOOL

Term3 Week 6 August 28, 2019

Principal Report

Families, the term is now flying by and I am finding it hard to believe I have been a part of the Wallacia PS community for coming on 3 years. I am so deeply grateful for the opportunity to work with your wonderful children, our dedicated staff and the supportive parents and friends within the broader school community. This is School Administration Support Staff (SASS) Week and I would like to acknowledge and express my sincere gratitude for the wonderful work our administrative and support staff do at Wallacia PS. Our office staff, General Assistant, and School Learning Support Officers work tirelessly to support teachers and students at our school. Their contributions are often behind the scenes; however their commitment to our school community does not go unnoticed. On behalf of the Wallacia PS community, I thank our SASS for your dedication and unwavering support – we certainly could not do what we do without you!

I hope all the dads out there have a sensational Father's Day on Sunday. The P&C Father's Day Stall was held at the School on Tuesday. There were lots of great gifts for Dad available. A big thank you to the entire group of Mums involved to support and help with this initiative from the P&C.

It has been a massive term especially with our External Validation process. The Panel was extremely impressed with the capacity of the school. The validation panel commented on the quality of staff and the tone of the school, and were especially impressed with systems and processes to lead and guide learning and school organisation. I am really proud of the outcome from our External Validation process. I would like to make special mention to Miss Carroll, Mrs Tritton and Mrs Mullen as they were nominated and received a Director's Award for Excellence for their significant achievements.

The process was excellent but it has left me extremely exhausted. I need to take a little time off from school to recover. Therefore I will be on Long Service Leave in week 9. Mrs Tritton will be our relieving principal during this time.

Kindergarten 2020 – The first step to enrolling your child for Kindergarten 2020 is to contact the school office on 4773 8433. You will then be invited to enrol your child in our 'Transition to School Term 4 Program'. This highly valuable program will run during Term 4 commencing Thursday October 17th, and then each Thursday fortnightly, from 9.15am-10.15am. The program will conclude on Thursday November 28th with our Official Kindergarten Orientation morning.

After School Supervision - We really welcome and encourage families to relax and enjoy themselves near our stay and play equipment area after school in the afternoons. It is a great chance to debrief and catch up at the end of the day and we are very happy to provide this resource for families. It is very important that all students are supervised by families and parents. Just occasionally, some of the kids are wandering off onto the oval, or behind buildings, and so on. It is really important that all kids are in line of sight of parents.

First Foot Forward Excursion - Our 5/6 Students attended the First Foot Forward Excursion at the UWS. It was a great day where the students engaged in a variety of activities related to Music, Health Science and Creative Industries. The day provided insight into the world of higher education and how tertiary education may be an option for the students' future. The transport and event were completely free for our students.

Athletics - It was a lot of fun and a sensational experience at our Nepean Valley Small Schools Athletics Carnival. A huge thank you to all the help we received and special congratulations to all the staff for their leadership, preparation and coordination of the events with all the schools. The kids had a lovely day and I am sure you'll agree that it is a fantastic opportunity for our kids to experience a range of events in a competitive and challenging environment with other schools. Congratulations to our District Athletics team. All the kids represented our school with pride and respect.

Gymnastics – Through Australian Sporting Schools Grant funding we were able to provide fully trained gymnastics coaches who led our sensational gymnastics lessons for our students each Friday. The kids had a wonderful time engaging in this special opportunity.

Blue Mountains Nepean Dance Festival – I absolutely cannot wait to go to the Blue Mountains Nepean Dance Festival. A huge thank you to Miss Carroll for all her legendary efforts to prepare, organise and lead this event. A very special thank you to all our families who have helped with the outfits, transport and strong support for this special event. What an amazing event and opportunity!

Classroom Communication – In general circumstances, if a parent has a concern about their child we encourage families to make an appointment with the classroom teacher in the first instance. If a parent needs to speak to the principal then an appointment will always be welcome. If parents or community members require an appointment in regards to concerns or issues which are beyond the learning or behaviour needs of their child, we will ensure that an appointment with the principal is made.

Lost Property - We are constantly finding lost items of clothing throughout the buildings and in the playground. If your child's name is on the clothing, there is a good chance that it will find its way back to its owner. Sometimes the lost property has no name on it, therefore it is up to students to go through the lost property container and find the clothing that they have lost. The lost property container can be found in the School Counsellor's room, next to the office.

Absence Notes - Attendance at school on a daily basis is required by law. However, if your child is sick or you have a situation arise where you are unable to send your child to school for a day or more you are required to inform the school of the reason why your child is not attending school. When your child is absent you need to provide in writing, an explanation as to why your child has been absent. This should be returned to school on the same day your child arrives back to school. If your child is to be absent for more than two days, a phone call to the school would be appreciated. If you are planning a holiday, or know that your child will be absent from school, for 10 days or more, you must notify the school prior to your child's absence. The Home School Liaison Officer (HSLO) visits our school on a regular basis and checks the class rolls. If your child has had unexplained absences or continually arrives late to school, then the HSLO may contact you to ask for an explanation. Therefore, it is important that all absences are explained as soon as your child returns to school.

Road Safety Reminder - Parents and students are not permitted to use the driveway entrance, nor are they allowed to enter the car park. There are cars and delivery trucks entering and leaving the car park throughout different times of the day so this is not a safe thoroughfare for students to be using. The pedestrian entrance is located 10-15 metres further along. This is the entrance students and families are to utilise. In the interest of our whole school community we would also like to remind all drivers to please take care when driving in and around our school, especially during our drop-off and pick-up times.



INVITATION

2019 BOOK WEEK ACTIVITIES BOOK CHARACTER PARADE, BOOK FAIR & SPECIAL ASSEMBLY

2019 Book Week will be in Term 3 Week 7, from Monday 2 September to Friday 6 September. Wallacia Public School will mark the week with some special community events.

Monday 2 September

9:10 am Book Character Parade – students are to dress as their favourite book character. Each class will parade and show off their costumes. Parents welcome! Under the shade sails.

9.30 – 10.30 am Book Fair – students and parents are invited to inspect the Scholastic Book Fair in our Library, and purchase books! A wide range of books will be on offer. (Please note CASH PAYMENTS preferred),

- Families may wish to purchase a book to donate to the school library. All donations will be gratefully received.
- Purchases may be made with cash, cheque payable to Scholastic Australia.
- All purchases earn a commission which our Library can utilise in the form of credits towards book purchases.

2-3 pm – Book Fair Extended opportunity to purchase books from Library Book Fair.

Tuesday 3 September

9.00am-10.00am Book Fair Final opportunity to purchase books from Library Book Fair.

Also

8.45 am – Dance Group to travel by bus to Joan Sutherland Performing Arts Centre for Blue Mountains/Nepean Dance Festival Matinee performance (separate note/information to be provided to Dancers).

Friday 6 September

2:05pm - 3.00pm – Special Assembly – to feature class and Dance Group performances – all welcome.

***We would love you to take part in our special Book Week activities.
Families and Friends welcome!***



DON'T SPREAD FLU



Get a flu shot



Sneeze into your elbow



Clean your hands



Stay at home if sick

It's in your hands
health.nsw.gov.au/flu

Communicable Diseases Factsheet

Influenza

Last updated: 1 May 2019

Influenza (flu) is a contagious respiratory illness caused by influenza viruses. Most people recover after a few days but for some people it can be fatal. An influenza vaccination each year provides the best protection against influenza.

What is influenza?

Influenza, or flu, is a highly contagious respiratory illness caused by influenza viruses. There are two main types of influenza virus that cause infection in humans – types A and B – and many sub-types or strains. Flu can occur throughout the year but flu activity usually peaks in winter.

Flu is a vaccine-preventable illness but a new vaccine needs to be given each year because influenza viruses change (mutate) constantly. A new flu vaccine is prepared each year to best match the strains predicted for the coming influenza season.

What are the symptoms of flu?

People with influenza typically experience some or all of the following symptoms for at least a week:

- fever and chills
- cough, sore throat and runny or stuffy nose
- muscle aches, joint pains, headaches and fatigue (feeling very tired)
- nausea, vomiting and diarrhoea (more common in children than adults)

Some symptoms may last for more than a week. Some people may also experience very mild symptoms, particularly if they have some immunity from a previous infection or vaccination.

Seek immediate medical advice if the illness quickly becomes worse or if any of the following occurs:

- shortness of breath or rapid breathing
- chest pain
- confusion or sudden dizziness
- persistent vomiting.

How is flu spread?

Influenza viruses are mainly spread by droplets made when an infected person coughs or sneezes. Influenza can also spread after touching surfaces where infected droplets have landed.

Influenza can be spread to someone by an infected person even before their symptoms begin. Adults with influenza are infectious from the day before their symptoms start until 5-7 days later. Young children and people with weakened immune systems may be infectious for longer.

- Aboriginal and Torres Strait islander people aged 6 months and over
- Pregnant women

Individuals aged 6 months and over with certain medical conditions predisposing to severe influenza are also at increased risk (and who also eligible for free annual influenza vaccine). These conditions include:

- Individuals aged 6 months and over with medical conditions predisposing to severe influenza, namely:
 - cardiac disease, including cyanotic congenital heart disease, coronary artery disease and congestive heart failure
 - chronic respiratory conditions, including suppurative lung disease, chronic obstructive pulmonary disease and severe asthma
 - other chronic illnesses requiring regular medical follow up or hospitalisation in the previous year, including diabetes mellitus, chronic metabolic diseases, chronic renal failure, and haemoglobinopathies
 - chronic neurological conditions that impact on respiratory function, including multiple sclerosis, spinal cord injuries, and seizure disorders
 - impaired immunity, including HIV, malignancy and chronic corticosteroid use
 - children aged 6 months to 10 years on long term aspirin therapy.

How is flu prevented?

Get a flu shot

Influenza vaccination each year before winter arrives is the best way to prevent influenza.

- Seasonal influenza vaccination is available for anyone aged 6 months and over to protect against influenza, provided they do not have a medical reason that precludes them from receiving influenza vaccines.
- People at higher risk of influenza complications (see "Who is at risk") are strongly recommended to have an annual influenza vaccination, and are eligible for free influenza vaccine under the National Influenza Vaccination Program (available at http://www.health.nsw.gov.au/immunisation/Pages/seasonal_flu_vaccination.aspx).
- In addition to people eligible for free vaccine, influenza vaccination is also recommended for those who frequently come in to close contact with other people at higher risk of influenza complications (such as health care workers and family members), to help protect vulnerable people from infection.

For more information on general influenza vaccine recommendations refer to The Australian Immunisation Handbook (9th edition, 2008) available at: <http://immunise.health.gov.au>

Sneeze into your elbow

Sneeze into your elbow instead of your hands, or cover your face with a tissue when you cough or sneeze and throw used tissues in a rubbish bin.

Clean your hands

Wash your hands thoroughly and often. Wash hands for at least 10 seconds, especially after coughing, sneezing or blowing your nose, or use an alcohol-based hand rub.

Stay at home if sick

If you are sick with flu, stay at home and avoid close contact with other people to prevent them from also becoming sick. Keep sick children away from school and other activities. Wait at least 24 hours after fever resolves so you that you are unlikely to infect other people.

This is especially important if you visit people who are more likely to get really sick if they get the flu - including pregnant women, infants, older people or people in hospital or residential aged care. Similarly, if you think you may have influenza and you need to see a doctor, call ahead so the clinic can take precautions to reduce the risk to other people.

How is flu diagnosed?

Doctors usually diagnose influenza based on symptoms. The diagnosis can be confirmed by testing a sample of fluid taken from the back of the nose and throat or a blood sample. These tests are usually only needed if the illness is severe or if there is an increased risk of complications.

How is flu treated?

The symptoms of influenza are usually managed by bed rest, drinking plenty of fluids, and taking simple analgesics for muscle aches and pains. Children under 16 years of age must not be given aspirin-containing medications while ill with influenza. This is due to the increased risk of children developing Reye syndrome, a form of encephalitis and liver degeneration.

Specific influenza antiviral medicines can reduce the severity and the duration of influenza but need to be taken within 48 hours of the first symptoms. These medicines need to be prescribed by a doctor, and are usually considered for people at higher risk of complications from influenza infection.

What is the public health response?

Laboratories must notify cases of influenza to their local public health unit. Individual cases are managed by their health care provider.

Public health action focuses on outbreaks in high-risk settings such as health care facilities, special schools, residential care facilities, and Aboriginal communities.

Further information

- NSW Health Influenza - <http://www.health.nsw.gov.au/infectious/influenza/pages/default.aspx>
- NSW Health Influenza surveillance reports - <http://www.health.nsw.gov.au/Infectious/Influenza/Pages/reports.aspx>
- NSW Health Influenza in travel groups fact sheet - http://www.health.nsw.gov.au/Infectious/factsheets/Pages/influenza_outbreaks_in_travel_groups.aspx

For further information please call your local Public Health Unit on **1300 066 055** or visit the New South Wales Health website www.health.nsw.gov.au

FRESH for KIDS

EAT FRESH AND WIN! CANTEEN CAMPAIGN

1ST PRIZE

1x



\$1000

Booktopia Voucher
(valued at \$1000)

SPONSORED BY

booktopia

2ND PRIZE

1x



Strike Bowling
Party Voucher
(valued at \$100)

SPONSOR

STRIKE BOWLING

3RD PRIZE

10x



Bright Star
Kids Pack
(valued at \$50)

SPONSORED BY



4TH PRIZE

20x



Tupperware
P... Pack
(value...)

SPONSORED BY

Tupperware

BONUS PRIZE

1x



Nintendo
Switch
(valued at \$450)

SPONSORED BY
BARNES & NOBLE
FLAGSHIP
STORE
200 KENT ST

SCHOOL PRIZE

1x



\$2000

Booktopia
Voucher
(valued at \$2000)

SPONSORED BY
booktopia

CANTEEN PRIZE

1x



Tupperware
Pack
(valued at \$350)

SPONSORED BY
Tupperware

HOW TO ENTER

1. Choose an option from the canteen that contains fresh fruit or vegetables and receive a sticker for your entry form.
2. Collect 2 stickers on your entry form and receive a fruit scented stamper pen and bonus prize entry card.
3. Submit your completed entry form to your school canteen or supervising teacher by Friday 20th September 2019 for a chance to win!

P.s. Don't have a school canteen? We also reward healthy options brought from home!



- Please note prizes may vary from displayed picture -



@freshforkids



/FreshforKids

www.freshforkids.com.au

PLEASE SEE WWW.FRESHFORKIDS.COM.AU FOR FULL TERMS AND CONDITIONS

Warradale Little Athletics Registration ~ Celebrating 30 Years



Warradale Little A's is a family orientated, not for profit sporting club that caters for children of all abilities aged 3 to 17 years.

Competition is on Friday nights from September to March at Warragamba Sporting Oval from 6:00pm to 9:00pm.

Registration is available from Thursday 1st August and **MUST** be done **On-Line** via LANSW website (<http://www.lansw.com.au>). Select "Warradale" in the drop down box.

Payment is via credit/debit card or PayPal. **No** manual registrations will be available at club.

Use your **ACTIVE KIDS** Voucher to supplement payment. Don't know where to get one? Go to Service NSW website and follow the ACTIVE KIDS Voucher links **BEFORE** you register!

Rego number collection day: Friday 6th September from 6:00pm – 8:00pm at the oval.

New athletes (those who have not done little athletics or trialled previously) are welcome to trial for two weeks at a cost of \$10.00 also done on-line. Balance to be paid on-line when fully registering. Proof of age is required e.g. birth certificate, hospital blue book, passport or stat dec.

Fees: Tiny Tots - \$85.00

U6 -17 - \$130.00

Family discounts available for three or more children. (Discount for trialling families is not available).

Fundraising Fee - \$25.00 per family. Payable at rego number collection day.

Uniforms – Tiny Tots t-shirt \$15.00 to U6 – 17 Comp uniform \$50.00 - \$55.00

Season start TBA

For more information call Annette on 0422 564 601 after 3:30pm weekdays or email: warradale45@gmail.com

Also, checkout our **Facebook Page** for more information: **Warradale LAC** or **@wllac45**





The Music Bus brings music to your school

The Music Bus is the teacher, instruments, curriculum and classroom (the bus!), all in one complete package; and it's now rocking at your school.

Tuition in Keyboard, Ukulele, Singing, Drums, Guitar and Rock Band.



Guitar

Keyboard

Drums

Ukulele

Singing

Rockband

only \$18 per week (\$20 for Drums)

The Music Bus offers modern and rock-style courses, using well-known songs backing tracks, games, awards and much more to truly engage with students.

"It's so great being at school. They're learning something new each week and the rapport the teacher has with the kids is wonderful."

Sarah, Parent, NSW

**BOOK
NOW!**

**phone 1300 168 742 or
visit www.themusicbus.com.au**

Limited space available so be sure not to miss out.



School Drive Subsidy - Parent Portal Handy Information Guide

Select 'Update personal details' to amend the following;

- Spelling corrections for parent/guardian details
- Email address
- Postal address
- Banking Details
- Spelling corrections for student details
- Students date of birth

Select 'Add new journey' to claim additional mini school locations

Select 'Query journey' to request a review of the approved kilometres

Log off

Welcome Parent Name

Parent Name

Parent Email

Parent Phone

Update personal details

Change Password

Student

Change application

Your journeys

Add new journey

Query journey

Journey valid	From: 06/07/2019 to: 31/12/2022	(Total 16.3 km)
Journey type	Return	
Vehicle	Own Car	
Frequency	Regular	
One Rate		
	16 LEE STREET, CHIPPENDALE	
	Station (16.3 km)	
	FARRAMATTA TRAIN STATION	

Your application (PVC-12029) is complete

If any of your circumstances change, such as you change school or address, please use the 'Change application' button.

First Name	Eligibility	Map
Student	Provisionally approved	NEA

Payments

Awaiting attendance information

Date	Semester	Status	Payment
	2017, Semester 2	Pending-SchoolInput	
	2017, Semester 1	Pending-SchoolInput	

Select 'Change application' to amend the following;

- Change of address
- Change of school
- Add additional students
- Remove students

Select the arrow to view a breakdown of the payment calculation per semester

back to school



TERM 3



REQUIRED STATIONERY

K – 2

HB pencils x 4, coloured pencils (pack of 12), glue sticks x 2, sharpener (with case preferable) and eraser x 2.

3 – 6

HB pencils x 4, coloured pencils (pack of 12), glue sticks x 2, sharpener (with case preferable), erasers x 2, 30cm wooden or plastic ruler, blue pens x 4, red pens x 2 and small scissors x 1.

Please ensure that students' belongings are clearly labelled and fit into one small pencil case. Additional stationery can be kept at home. Please don't send any items not listed, as these can be distracting, and lead to unnecessary competition between students.

Please monitor your child's supplies regularly to ensure your child has everything they need for the whole year.



shutterstock · 263082026

Life Education NSW

On **Thursday 19 and Friday 20 September (Term 3 Week 9)**, Healthy Harold will be visiting Wallacia Public School.

The Life Education Healthy Harold Educators deliver engaging programs, which cater for students in Kindergarten to Year 6. These programs address many of the components and objectives within the NSW PDHPE Curriculum. An outline of the available programs is attached for your information.

After participation in the program, students will also be given the opportunity to purchase Healthy Harold items, which help fund and support the Life Education programs. A complete list of the items available for purchase has been included on the attached sheet.

If you wish to order any merchandise, please place the correct money in a clearly marked envelope or sandwich bag, as detailed on the attached order form. Money for merchandise is to be given directly to the Life Education educators, not to the school office please.

As the program is part of the PDHPE Curriculum, for this year the school will cover the cost of the program so that there will be no cost to parents.



KEY DATES

Writers Festival	Wednesday August 28	6.00pm Glenmore Park High	Writers
Blue Mountain Nepean Dance Festival Rehearsal	Thursday August 29	Dancer to arrive at school @8.00am. To K/1 Room	
ZONE Athletics Carnival Day 2 & Finals	Thursday August 29	Werrington	
Stage 2 & 3 Camp Progress Payments Due	Friday August 30		
BOOK FAIR/PARADE	MONDAY SEPTEMBER 2	9.10am	ALL WELCOME
Blue Mountains Nepean Dance Festival Matinee	Tuesday September 3	Dancer to arrive at school @8.00am. To K/1 Room	
Blue Mountains Nepean Dance Festival TWILIGHT PERFORMACE	Tuesday September 3	5.00pm at The Joan	
In School Public Speaking Competition	Wednesday September 4		In School Event
Assembly	Friday September 6 SPECIALCLASS PRESENTATIONS	2.00pm	ALL WELCOME
P & C MEETNG	Monday September 9 NOTE CHANGE IN DATE DUE TO BOOK FAIR	9.00-10.30am	ALL WELCOME
SRC CAKE STALL	Thursday September 12	Cakes from .50c	
Life Education Visits	Thursday & Friday September 19 & 20	Whole School No Cost	
LAST DAY TERM 3	FRIDAY SEPTEMBER 27	HAPPY AND SAFE SPRING HOLIDAYS	
FIRST DAY TERM 4	MONDAY 14 OCTOBER	PLEASE NOTE NO PUPIL FREE DAY TERM 4	

**E&OE Please check all notes for official dates.
Dates set may be changed due to unforeseen circumstances.**



‘Today is for Tomorrow’

SAFE RESPECTFUL LEARNERS
