



WALLACIA PUBLIC SCHOOL

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WALLACIA NSW 2745

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Principal: Mr Trev Mason

‘Today is for Tomorrow’

SAFE RESPECTFUL LEARNERS

NEWS FROM WALLACIA PUBLIC SCHOOL

Term 1 Week 1 Friday 31 January, 2020

Principal's Message

A warm welcome back to school everyone. It was absolutely lovely to see all the kids on our first day back and it was really exciting to experience the strong parent turn-out day one. A huge thank you to everyone for making us all feel so welcome back to school. We are all in this together! We all want to provide the best opportunity for our kids, so it is very important they are strongly encouraged to be at school, on time, every day. Attendance is one of our biggest priorities this year. The more our kids are at school, the more they will learn, and the more they will mix and engage socially with their friends and peers.

I invite all parents and friends to come to the P&C Annual General Meeting at 2.00 pm on Monday 10/02 in the library. We are strongly encouraging families to come along and get involved. One of the most proactive ways to be a part of the school is through the P&C. Attending P&C meetings is the best way to get a strong picture of what has been going on in the school and meet other families who share the same values and complexities we are all facing.

2020 Classes: At the moment we have 60 students enrolled. If we stay at this current enrolment figure, we will have three classes. Once our student enrolment numbers are formally submitted, the Department will then allocate our teaching quota for the year.

If everything stands as is, then the class make up will be:

Kindergarten & Year 1 - Miss Carroll

Year 2 & Year 3 - Mrs Tritton

Year 4, Year 5 & Year 6 – Mrs Van Vliet

Kindergarten students will officially commence today. There are many special days at school but the Kindy's first day is up there with my favourite days. We held our special 'Tissues and Tears' morning tea, for our Kindy families today. We have a staggered start time for our newest members to ease their transition into school life. Our Kindies will finish on Monday - Wednesday at 12.30 pm next week.

On Thursday and Friday next week, they will finish at 1.20 pm. From Monday, 10/02 (the following week) everyone finishes together at 3.00 pm.

The start of every school year could potentially mean a spike in your child's (and your) anxiety. There are some ways to alleviate some of the stress around starting school again. Please remember, your attitude as a parent going forward to start the new year is just as important as your child's. I advise taking some time to point out some positive aspects of starting school each new day to create a positive anticipation about those nervous first days of school.

I know what it has been like with my family over the holidays. It is easy to fall out of routine and all of our boys have developed some questionable habits. We even found it difficult to maintain good eating habits without the structure of school. With the start of the new school year, it is time to reintroduce some routines that will support all of us. We are reintroducing a balanced diet of vegetables, fruit, whole grains and lots of water to help improve energy levels, concentration and emotional well-being. Maintaining adequate sleep patterns is vital for children of all ages. My kids' proper patterns were disrupted over the holidays. To promote good sleep habits in children, re-establish routines around bedtimes, have a regular time for bed and make sure computers, mobile phones and other electronic devices are switched off (and preferably out of the bedroom) at least an hour before bedtime.

Some useful sites listing the effects of lack of sleep are:

<http://sleepeducation.net.au/>

<http://www.news-medical.net/news/2008/07/07/39779.aspx>

You can also find out how many hours is ideal for each age here:

<http://www.sleephealthfoundation.org.au/>

My wife and I are deliberately taking time to talk with our boys about the feelings that are coming up. If you have a child that is prone to anxiety the more discussion you have on how they are feeling and strategies to control those feelings, the easier the transition back to school will be. Parents can help ease the transition by talking to kids about how they feel about going back to school. They can support them by listening to how they're feeling, responding with empathy, and working with them to come to a solution. If your child communicates a worry or concern they have, try to tune in by saying words like, 'You seem really worried about that' or 'I can see that must have been pretty upsetting for you' and try not to problem solve too early, particularly if they are wound up. If, after really listening, you believe there is a problem that needs addressing, try to help them figure out a solution that they think they could try. Remember that not all problems need to be fixed, and just knowing they've been heard often makes the biggest difference.

This is also a time to really make a point of checking our own anxiety. It is natural for the start of the school year to be stressful period for parents as well. Parents sometimes need to recognise that their own fears might be preventing their children from engaging in age appropriate activities or tasks. If we want our kids to be willing to try new things and to persist when they experience difficulties, we need to encourage effort, build confidence and convince our kids that 'if at first they don't succeed to try and try again'.

Start the school year out as you plan to proceed! It is good to start the year with some realistic, achievable goals for children to achieve in the first few weeks and going forward. Ticking off these goals will start your child off with confidence. Many children easily become nervous and unsettled about the new year. New classrooms, new friends and a new teacher are all anxiety provoking situations. Even reconnecting with friends after the holidays can trigger anxiety. Take a few simple steps to ensure the transition into the new year is smooth.

Welcome back to another exciting school year. Kindest regards, Trev Mason.

School Communication

Wallacia Public School will continue to use the *School Website Service* as an avenue for communication throughout the 2020 school year. Most notes will be published on the school's website including the school's newsletter. In addition, the school's *Facebook* page is an excellent medium for viewing photos that show some of the things we do on a daily basis at school. To access our page, simply Google *Wallacia Public School Facebook* or follow the link from the school's website.

We endeavour to communicate with our community in a way that will suit all our families.

We send permission notes home with each student so that they can be signed and returned to the school. Permission notes are also uploaded to our website so that you can print one off if you need to. **Please adhere to deadlines for notes and payments. It is crucial for the running of events that numbers are finalised on due dates.** Please check the website for any notes you may have missed.

- The school newsletter is produced monthly and is uploaded to our website and sent as a shortcut on Wallacia Public School's Facebook Page. **The first newsletter of the year (January 31, 2020) is the only newsletter sent as a paper/hardcopy for the year.**

The school newsletter is designed to keep families informed and to celebrate the achievements of our students. The newsletter often contains important information about changes in dates, excursions, community functions, what's happening in the school etc. **It is important that you read the newsletter.**

- Other notes and information sheets are given to the eldest child in each family. They are also uploaded to our website. This includes P & C notes, which you will receive on bright orange paper.

- **Facebook**

We currently manage a Wallacia Public School Facebook page. It is wonderful to see all the exciting events documented on this form of social media. Please be very aware and adhere to the appropriate use of this form of social media including sharing and comments. Please be aware of the "code of conduct" when using Facebook.

REQUIRED STATIONERY

K – 2

HB pencils x 4, coloured pencils (pack of 12), glue sticks x 2, sharpener (with case preferable) and eraser x 2.

3 – 6

HB pencils x 4, coloured pencils (pack of 12), glue sticks x 2, sharpener (with case preferable), erasers x 2, 30cm wooden or plastic ruler, blue pens x 4, red pens x 2 and small scissors x 1.

Please ensure that students' belongings are clearly labelled and fit into one small pencil case. Additional stationery can be kept at home. Please don't send any items not listed, as these can be distracting, and lead to unnecessary competition between students.

Please monitor your child's supplies regularly to ensure your child has everything they need for the whole year.



PRE-OWNED UNIFORMS

All stock available at the rear of the office, a gold coin donation for any items purchased is appreciated. You are welcome, at any time to come in and look for suitable pre-owned uniforms.

Donations of dresses, school shirts or school jumpers/jackets are gladly accepted and then available for other families to purchase.

Thank you for supporting this project!



Uniform

It is actively encouraged and expected that all students wear the Wallacia School Uniform. The wearing of the uniform creates a feeling of belonging, pride and identity.

New uniforms are available from BACK TO BASICS SCHOOLWEAR.

In accordance with Departmental policy, students must wear hats while in the playground. Any student without a hat will be asked to play in the shaded area provided. NO HAT, PLAY IN THE SHADE policy is enforced.

HATS

Hats can be purchased from the school office. The cost is currently \$18.00, by cash or cheque payable to Wallacia Public School P & C Association, with payments to be placed in the orange box in the school office.

The P & C have kindly provided ALL Kindergarten Students with a free bucket hat.
They look great! Thank you, P & C!

WALLACIA SCHOOL UNIFORM CODE

Girls' summer:

- Green plaid dress OR
- School polo shirt with black skorts
- Short white socks (not ankle socks and no stripes or logos)
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Girls' winter:

- Green plaid dress OR
- Black tailored pants with school polo shirt or white skivvy
- Short white socks or black tights
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Boys' summer:

- School polo shirt
- Black school shorts
- Short grey socks (not ankle socks, stripes or logos)
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Boys' winter:

- School polo shirt or white skivvy
- Black school long trousers or black school shorts
- Short grey socks (not ankle socks, stripes or logos)
- Black enclosed shoes
- School sloppy-joe or jacket
- School hat

Sports Uniform – Girls and Boys

- School polo shirt (same uniform)
- Black school sports shorts/or girls black school skorts
- White socks (not ankle socks, stripes or logos)
- Sports shoes
- School hat

All Students (as required)

- School sloppy-joe and/or
- School zip jacket
- Wide-brimmed school green hat or school green cap
- Hair should be of a natural colour, no coloured hair dye, e.g.: Unnatural colour such as purple or pink
- No make-up or nail polish
- Jewellery is to be restricted to:
 - One pair of sleeper or stud earrings ONLY
 - A medical identification bracelet or necklace if required,
 - Or, for religious reasons, one plain necklace chain with one small religious symbol.

Students are expected to wear black leather school shoes. “Enclosed shoes” includes lace-up, buckle-up shoes and elastic-sided boots. It does not include ballet-style shoes or ‘Volleys,’ slip-on style shoes, sandals or other footwear which leaves the toes uncovered.

No pedestrian access via the Staff car park gate.

Please use the small gate at the front of school. There have been some “near misses” with cars and pedestrians. This includes drop off and pick up from OOSHC. Thank you for your support.



AGM P&C Monday 10 February 2020

Welcome to the 2020 school year. Our AGM and P&C Meeting will be held

Monday 10 February at 2.00 pm in the library

All parents and carers are welcome to attend.

It is very rewarding be part of a small community. Staff and students appreciate the efforts of our hard-working P&C members who raise funds, organise events, contribute to school policy and more, we look forward to seeing you there!



DID YOU KNOW THAT YOU CAN MAKE PAYMENTS TO YOUR CHILD'S SCHOOL ONLINE????

We have launched a new online payment portal linked to our school's website to make it easier for you to pay for school related payments. This a secure payment page hosted by Westpac.

What expenses can be paid online?

- ♦ Voluntary School Contributions
- ♦ Textbook & Exercise Book Fees
- ♦ Excursions
- ♦ Sport /Swimming carnivals
- ♦ Excursions
- ♦ Sales to Students (Yr 6 Shirts etc.)
- ♦ Other (can be titled to suit)

HOW ??

Log onto the School website—Google Wallacia Public School or log onto <http://www.wallacia-P.schools.nsw.edu.au/>.

Click on “ \$Make a Payment ” and follow the prompts to make a payments via Visa or MasterCard.

Make a payment for each child separately. Enter student name, class and date of birth. You do not need to enter the student registration number





Warragamba Wombats J.R.L.F.C.

REGISTER ONLINE TODAY

www.playrugbyleague.com

PRICES FOR 2020 SEASON

U6's-9 year olds **\$120** 10-12 year olds **\$140**
13-16 year olds **\$160** New Players to the club **\$100**

All new children receive playing socks and playing shorts with registration payment. All paid registrations receive a bonus gift. EFT available.

REGISTRATION DAY

Saturday 8th February 2020, 10am - 2pm
Warragamba Sportsground
69 Warradale Road, Warragamba

CONTACT

Dwayne Hayes - President 0400 581 217
Rebecca Love - Registrar 0419 226 566

**FREE
SAUSAGE
SIZZLE**

NSW Government will provide Active Kids Rebate, which is a \$100 voucher for each eligible school-enrolled child towards the cost of registration.

www.sport.nsw.gov.au/sectordevelopment/activekids



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



2020 Kindergarten Commencement Schedule Calendar



Wednesday 29 January to Thursday 30 January (2 days inclusive)	Best Start Assessments	Scheduled times: As stated on your personal letter
Friday 31 January	Kindy Commences! 8.55am Parents Invited to Morning Tea (9-9.30 am) "Tissues and Tears!" 	Finish /Pick Up Time <u>12.00pm</u> <u>From Front of School</u> <u>Near Office.</u> <i>Library</i>
Monday 3 February	8.55am	Finish/pick up time <u>12.30pm</u> <u>From Front of School</u> <u>Near Office.</u>
Tuesday 4 February	8.55am	Finish/pick up time <u>12.30 pm</u> <u>From Front of School</u> <u>Near Office.</u>
Wednesday 5 February	8.55am	Finish/pick up time <u>12.30 pm</u> <u>From Front of School</u> <u>Near Office.</u>
Thursday 6 February	8.55am	Finish/pick up time <u>1.20 pm</u> <u>From Front of School</u> <u>Near Office.</u>
Friday 7 February	8.55am	Finish/pick up time <u>1.20 pm</u> <u>From Front of School</u> <u>Near Office.</u>
Mon 10 February	Full school day, commences 8.55	Finish normal time <u>3.00pm</u> <u>From Front of School</u> <u>Near Office.</u>

KEY DATES

Monday February 10	P & C Meeting 2.00 – 3.00pm School Library	ALL WELCOME	
Tuesday February 18	Twilight Swimming Carnival	See Notes	
Tuesday February 25	School Photos	Notes due out week 3 / 4	
Monday – Friday March 2 - March 6	Swim School	Notes due out week 3 / 4	



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